

ST. ALOYSIUS SPORTS CONTRACT

STUDENT'S NAME: _____

STUDENT'S GRADE _____

As a parent, I request that my child be permitted to participate in school sponsored extracurricular sports. I agree to governed by, cooperate with, and support the rules, regulations, policies, and procedures of the Diocese of Baton Rouge, St. Aloysius Catholic School, and, as applicable, the Catholic School Athletic Association (CSAA), as well as the Student-Parent School Handbook, the Athletics Handbook, and any other provisions published by the school administration. I understand that I am accountable for these rules, regulations, policies, and procedures.

As a parent, I will see that my student fulfills her/his religious and academic responsibilities, including school work and homework assignments, and complies with the rules, regulations, policies, and procedures for sports participation. I will conduct myself in a responsible and mature Christian manner at all times at all practices and contests. I will show respect for authority and will engage in no activity or conduct which in any way is disrespectful, combative, or confrontational, or question the jurisdiction of the pastor, school principal, athletic director, coach, officials, or anyone connected with the conduct of school sports.

As a player, I must fulfill all religious and academic responsibilities to St. Aloysius Catholic School and St. Aloysius Parish, and conduct myself as a committed Christian in school, outside of school, and in particular at any school sports activity. I will comply with rules, regulations, policies, and procedures regarding sports participation.

As player and parent, we acknowledge that a violation of any rule, regulation, policy, or procedure may result in forfeiture of ability to participate in sports. Our signatures mean that we understand and accept these conditions.

Parent/Athlete Concussion Information (from Center on Disease Control - www.cdc.gov/Concussion)

A concussion is a type of traumatic brain injury that changes the way the brain normally works. A concussion is caused by a bump, blow, or jolt to the head or body that causes the head and brain to move rapidly back and forth. Even a "ding," "getting your bell rung," or what seems to be a mild bump or blow to the head can be serious. In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury. If an athlete has a concussion, her/his brain needs time to heal. While an athlete's brain is still healing, she/he is much more likely to have another concussion. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in young athletes can result in brain swelling or permanent damage to their brain. *They can even be fatal.*

Concussion Symptoms include

One pupil larger than the other	Drowsiness or cannot be awakened	Slurred speech
A headache that not only does not diminish, but gets worse	Weakness, numbness, or decreased coordination	Increasing confusion, restlessness, or agitation
Repeated vomiting or nausea	Convulsions or seizures	Cannot recognize people or places
Has unusual behavior	Loses consciousness (<i>even a brief loss of consciousness should be taken seriously</i>)	

What Should You Do If You Think Your Child Has a Concussion? If you suspect that your child has a concussion, remove her/him from play and seek medical attention. Do not try to judge the severity of the injury yourself. Keep the child out of play until a health care professional, experienced in evaluating for concussion, says she/he is symptom-free and it's OK to return to play. Rest is key to recovering from a concussion. Exercising or activities that involve a lot of concentration, such as studying, working on the computer, or playing video games, may cause concussion symptoms to reappear or get worse. After a concussion, returning to sports and school is gradual process that should be carefully managed and monitored by a health care professional.

STUDENT SIGNATURE

PARENT OR GUARDIAN